

TOTAL INDULGENCE

is our specialty



The Spa
at Massanutten®

MASSAGE

Massanutten Signature Massage

\$105 | 60 minutes

Our most popular service, this massage combines the techniques of Swedish massage and deep tissue massage to relieve tension and stress. This service features a neck wrap and warm towels.

Therapeutic Massage

\$115 | 60 minutes

This total body experience is not only relaxing, but addresses specific areas of concern. Whether it is neck, back or shoulder pain, joint soreness and stiffness, or other muscular related issues, your therapist will work to enhance the body's natural restorative functioning. Be sure to discuss your needs with your therapist before your session.

Hot Stone Massage

\$95 | 60 minutes

Hot stones are used in conjunction with Swedish techniques to call forth the body's own healing energies and to promote a deeper level of relaxation.

Swedish Massage

\$95 | 60 minutes

Experience this wonderfully relaxing massage designed to reduce stress and improve circulation while calming your body and refreshing your spirit.

Prenatal Massage

\$95 | 60 minutes

This Mommy-to-be massage aims to relax tense muscles, ease sore spots, and improve circulation and mobility.

Couple's Massage

Share your experience side-by-side.

Price is based on individual services.

All services and pricing are subject to change. All service times are approximate. Prenatal Massage is available for healthy second and third trimester pregnancies only.

The Spa at Massanutten

offers treatments for women, men, teens, tots, and everyone in-between. And now, thanks to our brand new spa menu, you will now have more reasons to spoil yourself than ever before!

Whether it is a **relaxing massage**, invigorating body treatment, luxurious facial, or a pampering nail service, our **licensed professionals** are here to exceed your every expectation.



Honey Heel Glaze

A scrumptious jar of love for heels and toes.

Our enhancements allow you to experience even more during your service time. These options can be added to any massage service or pairing.

Massage Enhancements | \$8 each

- Static Stretching
- Reflexology
- Aromatherapy
- Deep Tissue (back only)
- Face & Scalp

You may choose to add-in multiple enhancements during your massage. Please let us know upon making your reservation or advise your therapist.



SKIN CARE

Massanutten Classique Facial

\$95 | 60 minutes

Skin is refreshed and detoxed with a double cleanse, double exfoliation, and a clay masque. For normal, dry, oily, acneic, or mature skin.

Advanced Optimizer Firming Facial

\$95 | 60 minutes

Firms, stimulates, and strengthens the skin. Features a rosemary firming treatment and marine collagen masque. For mature and dry skin types.

Hydralessance Facial

\$95 | 60 minutes

An ultra-hydrating, refreshing facial to control the effects of extreme moisture loss. For dry and de-hydrated skin.

Sensitive Skin Facial

\$95 | 60 minutes

This calming, soothing treatment is for sensitized skin or ruddy complexions. For sensitive, rosacea, and hyper-reactive skin.

Facial Enhancements

- Paraffin for Hands or Feet | \$15
- Lip Exfoliating Treatment | \$8
- Additional Extractions | \$8

You may choose to add-in multiple enhancements during your facial. Please let us know upon making your reservation or advise your therapist.



Yon-Ka Skin Care

Visible results with a healing touch.

BODY TREATMENTS & MASSAGE

Aloe Vera Hydrating Body Wrap & Massage

\$95 | 60 minutes

This versatile treatment contains aloe vera juice and glycerin which hydrates and heals dry stressed skin. Includes a 30 minute Swedish Massage.

Verde Olive Oil Salt Scrub & Massage

\$95 | 60 minutes

This emollient and healing treatment is rich in antioxidants and is deeply hydrating. With notes of freshly cut grass, olive fruit, tomato leaf, and basil. Includes a 30 minute Swedish Massage.

All services and pricing are subject to change. All service times are approximate.

NATURAL NAIL CARE

Massanutten Spa Manicure | \$50

Massanutten Spa Pedicure | \$65

This popular service begins with a lavender foot bath (available with pedicure only) followed by a sweet and sensual whipped lavender honey sea salt scrub that will leave your skin feeling fresh. Next, a warm paraffin is applied, quenching your skin's deepest thirst. Finish with Shea butter cream. Includes nail care and polish.

Aloe Vera Hydrating Manicure | \$45

Aloe Vera Hydrating Pedicure | \$60

This versatile treatment begins with a soothing foot soak (available with pedicure only) followed by an organic shea butter sugar scrub. A hydrating aloe vera gel wrap is applied for ultimate moisture. Finish with an application of minty body butter.

Verde Olive Oil Manicure | \$40

Verde Olive Oil Pedicure | \$55

This earthy healing treatment begins with a jetted foot soak (available with pedicure only) followed by a fine grain sun-evaporated sea salt scrub. Finish with organic extra virgin olive oil, mango, cocoa and shea butter cream.

Express Manicure | \$35

Express Pedicure | \$50

Fingers and toes on the go! Includes a quick nail soak, nail care, and polish. Pedicure includes a jetted foot soak.

Gel Polish Manicure | \$45

This extended wear manicure includes nail care.

Gel Manicure Add-Ins

Foil Nail Art: 1-2 Fingers | \$3

Foil Nail Art: 3-10 Fingers | \$8

Gel Polish Soak Off | \$15

French Polish | \$10

All services and pricing are subject to change. All service times are approximate.

Experience **natural nail treatments** designed to help enhance the health and appearance of your **hands and feet.**



GENTLEMEN'S SERVICES

Burly Man Massage

\$105 | 60 minutes

Man up and treat yourself right with this massage just for men. This deep tissue and Swedish massage combination uses body balm infused with orange, cedarwood, peppermint, and tea tree oils.

Men's Facial

\$95 | 60 minutes

Customized for men's skin care needs. Renews skin tone and texture while helping soothe and restore razor-burned skin.

Burly Man Manicure | \$40

Burly Man Pedicure | \$55

Even the manliest of men need pampering. This moisturizing sugar scrub and body balm infused with orange, cedarwood, peppermint, and tea tree is a sweet treat your hands and feet. Includes a jetted foot soak (pedicure only) and nail care.



NEW! 'Makes Scents' Burly Men's Line

You're rough, you're tough, but your skin shouldn't be with our new **Buff, Balm, and Beard Oil!**



SPA PACKAGES

Massanutten Head-to-Toe

\$255 | 180 minutes

Includes a Massanutten Signature Massage, Massanutten Classique Facial, and a Massanutten Spa Pedicure. No substitutions.

Mountain Peak Renewal

\$185 | 120 minutes

Includes a 30 minute Aloe Vera Hydrating Treatment and a 90 minute Swedish Massage. No substitutions.

All services and pricing are subject to change. All service times are approximate. No substitutions.

MINERAL MAKEUP

Day Look | \$35

A lighter application. Perfect for a luncheon, a day out shopping, or for the first-time makeup user.

Evening/Special Occasion | \$45

A more luminous and dramatic application. Perfect for an evening out, weddings, and parties.

Waxing Services

Please contact the Spa at 540.289.4040 for available services.



INFRARED DRY SAUNA

\$30 for 30 minutes or \$50 per couple

Unlike traditional saunas which use heat to warm the air/water and, in turn, your body; an infrared sauna uses light to heat your body directly without warming the air around you.



TEENS, TWEENS & TOTS SERVICES

Teen Swedish Massage

\$85 | 60 minutes

Gentle relaxation techniques help reduce stress and calm the body. 16 & 17 years of age only. Parent must be present in treatment room.

Teen/Tween Facial

\$85 | 60 minutes

This relaxing facial is customized for your skin care needs. 12-17 years of age only. Parent must be present in treatment room.

Toes for Tots

\$20

A quick polish for your tiny toes. 5-10 years of age only. Parent must be present during service.

Tot Mini Mani

\$15

A quick polish for your little fingers. 5-10 years of age only. Parent must be present during service.

All services and pricing are subject to change. All service times are approximate. No substitutions.



SPA CLASSES

Couple's Massage Class

\$36 per couple

Couples will learn simple back, neck, and shoulder massage. Basic techniques that can be applied to the entire body will be demonstrated.

Foot Reflexology

\$36 per couple

Learn the reflex points on the feet that correspond to various organs and regions of the body. Reflexology promotes optimal organ function, relaxation, and a state of well-being.

Makeup Application & Education Class

\$20 per person

Participants will be color-matched for their individual foundation and learn about palates that work best with their complexion. Class includes a free gift.

Personal Nail Care Class

\$20 per person

The instructor demonstrates the proper way to remove polish, file and buff nails, as well as cuticle care and polish application. Along the way, you will learn some tricks and tips to help achieve a professional look. Class includes a free gift.

Cash or credit card payment is required upon reservation. For class times, please reference the Massanutten My Guide or visit www.massresort.com/myguide.



SPA BOUTIQUE

The Spa at Massanutten offers **quality** spa products to enhance your overall health, skin, and **well-being**. Whether you are shopping for yourself, a friend, or that special someone, these products make great gifts for every occasion.

Unique jewelry • Soy candles • Mineral makeup
Bath robes • Revitalizing skin care products • Nail polish
Nail care • Men's care • Bath soaps • Body lotions
Gift sets • Gift cards • Accessories

Indulge in the best each season

has to offer! Fresh scents and the beauty of nature inspire our ever-changing seasonal services. These services can be found on our website (listed under seasonal specials) or ask about them by calling the Spa directly.



HELPFUL INFORMATION

Reservations

We recommend booking at least 1-2 weeks in advance to receive an appointment time most convenient for you. Please call 540.289.4040 to schedule your appointment. We ask that all appointments be reserved with cash or credit card. Walk-ins are accepted based on availability.

Check-In

We ask that you arrive 15-20 minutes prior to your appointment to complete client forms. Service time begins when you are greeted by your service provider.

Cancellation Policy

If you must cancel, we will be happy to assist you in rescheduling your appointments; however, if rescheduling is not an option for you, an 8-hour cancellation notice is required. Parties of 4 or more require a 72-hour notice. Cancellations may be subject to a fee of \$50 for each service to cover the time reserved for you. If the cost of the service is less than \$50, a \$25 fee will be applied.

COMPLIMENTARY BEVERAGE OPTIONS

While visiting the Spa at Massanutten, we invite you to enjoy a complimentary beverage before or after your service. Beverage options include fruit-infused water, white or blush wine, and hot tea. Limit one glass of wine per visit.



The Spa at Massanutten®

MassResort.com/Spa | 540.289.4040

